



Secrets of Communication

An interactive, workshop with **Phil Vedova**

We all know how important good communication is, yet how often do we actually take the time to learn how to be more effective and compassionate in our communication?

Phil Vedova, MA and clinical counselor will guide us through a spiritually-based, experiential workshop on how to increase your communication skills, gain insights about your communication style and develop a deeper understanding of the key place communication holds in our spiritual development."

Sunday, May 2nd , 10AM to 4PM

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